

FITNESS MANAGEMENT MAJOR 2005/06 W/BUSINESS CONCENTRATION

LIBERAL ARTS CORE REQUIREMENTS CHECKLIST

F=Fall **S**=Spring **FS**= Fall & Spring
AA=as announced **s.h.**=semester hours
(3x) = take 3 times

*=has prerequisite-check the class below it for details

SL=Service Learning **DW**=Diverse World

SE=Senior Experience

You must take the following classes:

	sem.	s.h.
____ IDS 499-Major Seminar-each sem	(FS)	1
____ IDS 151-Self and Community I	(F)	3
____ IDS 152- Self and Community II	(FS)	3
____ IDS 111-Writing and Rhetoric I	(F)	3
____ IDS 112* Writing and Rhetoric II	(S)	3
*IDS 111 with C or better		
____ IDS 211-Civilization Studies I	(F)	3
____ IDS 212-Civilization Studies II	(S)	3
____ IDS 251-Nature, Tech, and Humanity	(FS)	3

Math Proficiency-3 Semester hours

____ MTH 120-Nature of Math	(FS)	4
____ or take the math proficiency test		

Science Experience-3 semester hours

Take one class:

____ SCI 102-Biological Science	(FS)	3
____ BIO 105-Human Biology	(S)	3
____ BIO 111-Prin. of Biology I	(F)	3

Creative Experience-3 Semester hours

Take One Class:

____ ART 105-Drawing Skills Lab	(S)	3
____ ART 107-Visual Foundations	(FS)	3
____ ART 200 level or above studio class		3
____ ENG145-Intro to Creative Writing	(AA)	3
____ ENG 245-Fiction Writing	(F)	3
____ ENG 247-Poetry Writing	(S)	3
____ MUS 110-College Choir (3x)	(FS)	1
____ MUS 112-Women's Chorale(3x)	(FS)	1
____ MUS 141-Class Piano I (3x)	(F)	1
____ MUS 142-Class Piano II (3x)	(S)	1
____ MUS 243-Guitar Techniques (3x)	(FS)	1
____ THR 111-Acting	(FS)	3

Arts Exploration must be taken outside of the major. If one of these courses is required for your major, you must take a different course to satisfy the requirement.

Arts Exploration:Take One Class:

____ ART 101-Image and Culture	(F)	3
____ ENG 201-Texts and Culture	(FS)	3
____ MUS 120-Music and Culture	(FS)	3
____ THR 106-Theatre and Culture	(FS)	3

FITNESS MANAGEMENT MAJOR

Complete the following core courses (44 hours):

____ HWL 200-Wellness & the Health Fitness Professional	(S)	2
____ HWL 250-Nutrition	(FS)	3
____ HWL 252-Substance Use & Abuse	(F/ILT)	3
____ HWL 260* Human Anatomy	(FS)	3
* SCI 102, BIO 105 or BIO 111		
____ HWL 353-Stress Management	(S)	2
____ HWL 354-Wellness Prog. Management	(F)	3
____ PE 107-First Aid	(FS)	2
____ PE 217-Thy of Teach. Phy. Fitness (SL)	(FS)	3
____ PE 301-Sports Psychology	(S)	2
____ PE 307* Principles & Techniques of Conditioning	(S)	3
* PE 217		
____ PE 401* Kinesiology (SE)	(FS)	3
* HWL 260		
____ PE 405* Exercise Physiology	(FS)	3
* PE 217		
____ PE 410* Sports Philosophy & Ethics	(S)	3
* PE 301 and PE 305		
____ PE 425* Sports Law (SE)	(F)	3
* PE 301 and PE 305		
____ SA 304* Sport, Culture & Society (DW)	(ILT)	3
* IDS 151 and IDS 152		
____ IDS 390 Cooperative Education	(FS)	3

BUSINESS CONCENTRATION (Optional)

Complete each of the following courses (24 s.h.):

____ BUS 200-Introduction to Business	(FS)	3
____ BUS 201-Principles of Accounting I	(S)	3
____ IRM 221-Principles of Insurance	(FS)	3
____ BUS 300* Prin. of Management (DW)	(FS)	3
* ECO 201		
____ BUS 309* Marketing	(FS)	3
* ECO 201		
____ BUS 311* Advertising	(S)	3
* BUS 309		
____ BUS 408* Organizational Behavior	(F)	3
* BUS 300		
____ ECO 201* Prin. of Microeconomics	(FS)	3

* ____ Complete a class that satisfies the Diverse World requirement (DW).

* ____ Complete a class that satisfies the Service Learning requirement (SL).

* ____ Complete a class that satisfies the Senior Experience requirement (SE).

*Classes for these three requirements may change from year to year-check with the chair of your department.

Complete an approved minor or electives to reach 120 semester hours for graduation.